

PGL Year 8 - Recommended Kit List

1. Suitable Nightwear
2. Underwear (please note that for many activities, socks will be required)
3. Trousers/Leggings for Activities (not jeans)
4. Trousers/Leggings for free time
5. Shorts
6. 1 pair of trainers for activities
7. 1 pair of shoes for water sports (preferably old trainers)
8. Pair of dry shoes for evening activities
9. Fleeces/sweatshirts for activities
10. Long sleeved shirt/t-shirts (for activities where arms need to be covered)
11. T-shirts
12. Waterproof jacket/cagoule (and trousers if you have them)
13. Baseball hat/sun hat
14. 1 or 2 sets of clothes for the evening (and final night disco)
15. One towel for showering
16. One 'old' towel for wet activities
17. Plastic drinks bottle
18. Sunscreen
19. Small rucksack/bag
20. Labelled bin bag for wet and dirty clothing
21. Washbag (including soap, shampoo, toothpaste & deodorant)
22. Swimwear
23. Sleeping bag/duvet and pillow
24. WATCH (important especially for stop in Exeter)
25. Reading book